

2022-23

Post-16 Pathways



A guide for **young people, parents**
and **carers** on next steps after year 11

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Introduction

► How to use this guide

Deciding what you want to do after year 11 can be both an exciting and stressful time. There is, however, plenty of support available to help you make decisions. You may find it helpful to share the information in this booklet with your parent or carer.

York has a wide range of high-quality choices available for all young people, at all levels. Whatever you are doing now, there is a pathway for you to follow in 2023-24.

This booklet gives initial information and tells you where to find out more. It has been designed with all students in mind, with the sections listed in blue containing additional information for students with an existing Education, Health and Care Plan (EHCP).

How to use this guide if you have an EHCP

If you have an EHCP, you also need to look for sections that have a blue background and the pink symbol.

You can check if you have an EHCP by asking your teacher, parent, carer or someone who supports you.



► Participation in education and training after year 11

Current legislation sets out an aspiration that you will continue in education or training until at least your 18th birthday (throughout Year 12 and into Year 13). This will allow you to gain skills and qualifications that help you to progress to higher education, work and adult life; enabling you to succeed in the fast changing, modern world.

It is very important that all young people are able to access education or training. To bring this about, schools work with the Local Authority (City of York Council) to guarantee that every 16-year-old school leaver will have an appropriate offer of education/training by the end of September after they finish Year 11.

If you have not been accepted on to a full-time course, or in employment with training, don't worry. There are some shorter programmes available, that you can join at other times in the year, to help you progress into full-time education, employment or training (**see pages 18-20**).

Whatever you are thinking of doing, it's important to look at all the options. Information on how to apply is available on school, college and provider websites or in their brochures (often called a 'prospectus'). When you have decided on your preferred pathway, you can make applications to post-16 providers such as sixth forms, colleges, apprenticeship employers or providers. Your school will be able to provide you with further information.

► Helping you to decide

This is an important time in your life and there are many options to consider. When making choices, it's important to have the right information to make an informed decision. Taking the time now could improve your motivation and provide the foundation for positive results next year and beyond. Take the time to:

- Find out information about different routes (often referred to as 'pathways') from events, websites and literature.
- Make sure you have the opportunity to attend taster days (see page 33) with post-16 providers. This is especially important if you are considering taking up a subject you have not studied at GCSE.
- Ensure that you understand the different Qualifications, Levels and Pathways available (see pages 8-21).
- Talk to your teachers about the Careers Education, Information, Advice and Guidance programme in your school which can support you to make successful choices.
- Have a chat with your parents/carers about what you enjoy, what you are good at, what motivates you to learn, the environment you want to be in and your preferred learning style.
- Think independently about your choice, not about what your friends are doing.

► If you have Special Educational Needs

If you have Special Educational Needs (SEN), your focus may not just be on education or training but may cover the broader aspects of preparing for adult life.

Your learning could become more vocational (education or training linked to a particular skill/trade), to help you identify opportunities for employment, and improve your communication, relationship and independent living skills.

To help you achieve your aspirations, most full-time college courses are 3 days per week and other learning programmes are usually 3 or 4 days, giving you time for activities outside of education.

'My Support Plan' is a document used with young people who have identified special educational needs and receive SEN Support in school. If you have an existing 'My Support Plan', this may help inform your education choices.

Not all young people with SEN have or require a 'My Support Plan' but if you do need additional support, speak to student support at your college or provider.



► York Local Offer

The Local Offer for York is available on the YorOK website (yor-ok.org.uk/localoffer). It provides more information for young people with special educational needs / disabled young people, parents, and carers.

Later in this guide, there are details of additional education, employment and training opportunities for young people with an EHCP. These include:

- Local Schools/Colleges
- Personalised Learning and Work Experience Programmes
- Supported Internships
- Activities in York – Preparing for Adulthood



Your Specialist Learning and Employment Adviser can provide information on the different career areas each provider covers and help you (with your parent or carer) to understand how they may be able to meet your individual needs.

You will also have opportunities to attend open events and taster sessions to support your decision making.

More information about the different types of provision and where it is available can be found on **pages 17, 21 and 36-43**.



► If you have an EHCP

If you have an existing EHCP the Preparation for Adulthood outcomes in your plan will help you to make decisions about your education, training and employment choices.

Your plan should:

- describe you
- describe your goals
- describe your individual needs
- set out what type of education/training/employment is best for you



Your plan is reviewed at least once a year to make sure the information in the plan is up to date.

It is important that you try to take part in your plan review to help you plan your next steps towards training and employment.

Your SEN caseworker is responsible for your EHCP and leads decision making around next steps. However, you will also have the support of a Specialist Learning and Employment Adviser, who can help you to prepare to make choices relating to education, training and employment.

An adviser will meet with you (in person or virtually) to find out about your skills, experience and employment ambitions. Your adviser then works with your SEN caseworker, family, teaching staff and others who know you (such as Social Workers and health professionals) to support your successful transition into adulthood.

Pathways after Year 11 - A Summary

1. Further education at school, college or with a provider – see pages 12-13 and 32-33

- AS and A Levels (Level 3)
- An Applied General Qualification (including BTECs and other Diplomas) or Tech Level (Level 3)
- T Levels (employment sector-based qualifications) (Level 3)
- Other vocational/general qualifications (Entry Level, Level 1-2)

2. Apprenticeships and Traineeships – see pages 14-16 and 35

- Apprenticeship training (Level 2–3) combined with a job, with progression opportunities post-18
- Traineeships (Level 1-2), which prepare young people for an apprenticeship, employment or further education and training

3. Specialist pathways for students with an EHCP - see pages 17, 21 and 36-43

- Local further education
- Learning and work experience programmes
- Supported internships



These are the pathways followed by most young people. A fourth pathway is also possible:

4. A flexible package of working and participation – see pages 18-20 and 26-27

- Participation in education and training, combined with options such as volunteering and paid work for 20 hours or more a week



Qualification Levels

The level of the programme that you will be able to start will depend on what qualifications you already have or are expecting to achieve by the time you move on from Year 11. GCSEs are graded using a numbered scale from 9 (high) to 1 (low).

Currently, if you are not awarded a GCSE at grade 4 (previously grade C) or higher in English or maths, those subjects will be included in your next course or training programme.

The information in this booklet applies to you if you're finishing Year 11 in 2023 and moving into post-16 education and training in September 2023.

See next page for an overview of the different Levels of qualifications and courses.

Qualification Levels - Entry, Intermediate and Advanced

Level	Example of Courses and Qualifications	Entry Requirements*	Average Time to Complete
Entry	<ul style="list-style-type: none"> • Functional Skills Entry Levels 1-3 • Foundation Learning programme 	No GCSEs or formal entry requirements	
1	<ul style="list-style-type: none"> • GCSEs grade 1-3 (formerly G-D) • Functional Skills Level 1 • Foundation Learning programme • Traineeship 	No GCSEs or formal entry requirements	
Intermediate			
2	<ul style="list-style-type: none"> • GCSEs grade 4-9 (formerly C-A*) • Functional Skills Level 2 • Intermediate apprenticeship • BTECs • NVQ level 2 • Other Diplomas 	Level 1 qualification or some GCSEs at grade 3	1 years
Advanced			
3	<ul style="list-style-type: none"> • A Levels • Advanced apprenticeship • T Levels • BTEC National Extended Diploma / National Extended Certificate • Applied General Certificate / Technical Extended Certificate • NVQ level 3 • Institute of Technology 	At least four GCSEs at grade 4-9 (often including English and mathematics); or another intermediate level qualification	2 years

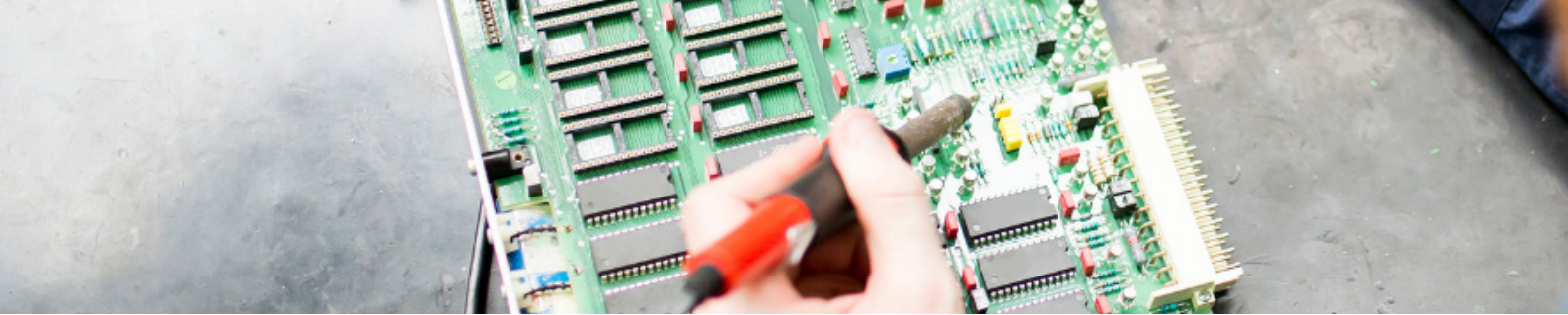
*These are typical entry requirements, but some courses have different entry requirements. You would need to check.

Qualification Levels - Higher

Level	Example of Courses and Qualifications	Entry Requirements*	Average Time to Complete
Higher			
4	<ul style="list-style-type: none"> • Certificate of Higher Education • Higher level apprenticeship • NVQ level 4 • Institute of Technology 	2-3 A Levels or equivalent level 3 qualification plus GCSE English and mathematics grade 4-9	1 year
5	<ul style="list-style-type: none"> • Foundation Degree • Higher level apprenticeship • Institute of Technology • NVQ level 5 		1-5 years
6	<ul style="list-style-type: none"> • Bachelor's Degree • Degree level apprenticeship • NVQ level 6 		3 years
7	<ul style="list-style-type: none"> • Master's Degree • Master's Degree level apprenticeship • Post Graduate Certificate in Education (PGCE) • NVQ level 7 	Usually an upper second-class degree (2.1) or equivalent. Some universities / courses accept a lower second-class degree (2.2)	18-24 months

*These are typical entry requirements, but some courses have different entry requirements. You would need to check.

For more information: gov.uk/what-different-qualification-levels-mean/list-of-qualification-levels



Further Education

All courses below are classed as full time, made up of qualifications, tutorial, work experience and other support activities; however, this may not require attending classes five days a week.

► A Levels (Level 3)

These are the main routes into higher education, but they are also useful if you want to progress straight into employment or an apprenticeship. You would usually choose 3 or 4 A Levels which are available in a wide range of subjects across the city. Courses tend to focus on academic study with subjects ranging from history, mathematics and sciences to more applied subjects such as business, media studies and information technology.

An AS Level is a totally separate qualification. You can take an AS Level exam after one year and achieve a qualification, however, please note AS Levels are only available locally at York College.

► Applied General Qualifications or Tech-Levels (Level 3)

If you are wishing to continue your education at advance level through applied learning, an Applied General Qualification (including BTECs and other Diplomas) could be right for you. They help you to develop transferable knowledge and skills and will meet entry requirements for a range of higher education courses. They can also enable entry to employment or an apprenticeship.

If you are wanting to specialise in a technical occupation or occupational group, Tech-levels equip you with specialist knowledge and skills, enabling entry to employment or an apprenticeship in that occupational area or progression to a related further or higher education course.

► T Levels (Level 3)

T Levels were introduced in 2020 and are equivalent to three A Levels. They provide a mixture of classroom learning and an industry placement of at least 45 days as a route into employment, further study or a higher apprenticeship. From September 2023, courses in construction, digital, education & childcare, engineering & manufacturing, health and management & administration will be available locally at York College and Bishop Burton College (there is a daily bus service to and from York).

For more information go to tlevels.gov.uk.

► Institute of Technology (Level 3 – 5)

Institutes of Technology (IoTs) are collaborations between further education (FE) providers, universities (HE) and employers.

IoTs delivers high quality, technical qualifications such as HNCs, HNDs, Apprenticeships, T Levels and Foundation Degrees with a focus on STEM (science, technology, engineering and mathematics) subjects such as:

- Cyber Security
- Construction Site Supervisor
- Engineering
- Game Development



York College and Askham Bryan Colleges are key partners in the IoT locally (although do not necessarily offer all courses / qualifications).

For more information and to read the full list of courses and partners involved in the Yorkshire & Humber IoT: yorkcollege.ac.uk/university-centre/institute-of-technology.

► Other Vocational Qualifications (Levels 1 – 3)

On courses for other vocational qualifications (such as BTECs or NVQs) you would undertake practical, work-related tasks designed to develop the skills and knowledge to do a particular job effectively. You could gain these at college, while working, or during an apprenticeship (see pages 14-16).

The qualifications are assessed by a mix of practical assignments, building up a portfolio of evidence and external assessments (exams). There is no fixed duration, but it usually takes one year to complete a qualification at Level 1 or 2. At Level 3, programmes are flexible and qualifications can be achieved at the end of both the first and second year.

► Foundation Learning (Entry level – Level 1)

Foundation Learning is an individual programme, to help you focus on your own specific needs, e.g. personal and social skills, confidence building, reading, writing and numeracy. Programmes include vocational learning and the duration depends on your individual needs, aims and goals.



Training Through Employment

► Apprenticeships

An apprenticeship is a contracted, paid job with training. You work alongside experienced staff, gain job-specific skills, earn a wage and get holiday and other entitlements. You also benefit from 'off-the-job' training that develops your skills, knowledge and behaviours to perform better in your role. Apprentices create a portfolio of evidence and complete an end point assessment of examinations, professional discussions and/or submissions of project evidence.

Apprentices are usually employed on a full-time contract (30 hours or more per week) over 12-24 months. Depending on the apprenticeship, it may be possible to complete it on a part time basis and spread over a longer time period. After 12 months of employment, all apprentices must be paid at least national minimum wage for their age. The apprenticeship route often leads to further progression in employment, to university, or to a higher or degree apprenticeship.

Levels

Apprentices usually start at Level 2 or 3 (equivalent to GCSE or A Level) and could continue onto Level 4 or 5 (foundation degree level) and in some cases, up to Level 6 or 7 (Bachelor's or Master's degree level). If you have been unsuccessful passing your English or maths at GCSE, you will be supported to complete your Functional Skills qualifications alongside your apprenticeship.

Levels of Apprenticeships			
Intermediate Level 2	Advanced Level 3	Higher Levels 4 - 5	Degree Levels 6 - 7
Broadly equivalent to GCSEs	Broadly equivalent to A Levels	Broadly equivalent to Foundation Degree level	Moving on to Degree and Master equivalent qualifications
A minimum of 12 months	Average of 18 months	Average of 24 months	Average of 24 – 48 months

You might have to start at a lower level apprenticeship straight from school and climb the training ladder. For example in the legal sector:



Progression is available within a large variety of sectors, for example engineering and construction, health and childcare or IT and science. There is also progression within supervision and management across all sectors.

Training providers

Apprentices and employers are supported by a training provider (see page 35), who deliver the skills, knowledge and behaviours required for the apprenticeship. There are several ways to receive training: day release at college or training centre, block placements or virtually with visits to the workplace by the training provider.

Applying

To search and apply for vacancies, go to [gov.uk/apply-apprenticeship](https://www.gov.uk/apply-apprenticeship).

You can also use this site to identify which training providers deliver the apprenticeship/s you are applying for and contact them for upcoming vacancies.

For construction vacancies, go to [talentview.org/construction](https://www.talentview.org/construction).

Not all apprenticeship jobs are advertised on the gov.uk website. Employers may recruit directly so it is worth approaching employers and checking their websites and social media throughout the year. Employers may not be considering an apprentice but change their minds when presented with a great candidate.

In addition, you can contact training providers directly, as they may be aware of apprenticeship opportunities with employers that they are supporting. By signing up with a training provider, they will offer advice and guidance when searching for an apprenticeship.

Top tips on applying

- Show a genuine interest in the position you are applying for
- Read the job description carefully. Your answers to questions and examples of your skills should directly link to the key elements of the apprenticeship. (Use examples from work experience, school or college studies, volunteering or hobbies).
- Do your research and demonstrate that you know about the company and the sector of employment
- Ensure you use spell check and use a sensible email address

Amazing Apprenticeships produce a monthly Apprenticeship Parents' Pack:

amazingapprenticeships.com/parents

► Traineeship (pre-apprenticeship)

A Traineeship is a programme ranging from 6 weeks to a maximum of 1 year of work experience, English and mathematics and general skills for employability and life.

It is aimed at young people who have not achieved English or mathematics GCSE grade 4-9 or Functional Skills Level 2 in Year 11 and who, with additional short-term development and support, could move into an apprenticeship or start another type of vocational course. Check training provider websites to see if they offer Traineeships.

For more information go to gov.uk/find-traineeship

Further support

City of York Council's 'York Apprenticeship Hub' can provide more information and support, including upcoming recruitment events. For more information go to york.gov.uk/yorkapprenticeships or email york.apprenticeships@york.gov.uk





► Supported Employment

A personalised model for supporting people with significant disabilities to secure and retain paid employment. Supported Employment is overseen by the British Association for Supported Employment (BASE).

For more information: base-uk.org

You will get:

- Support to identify your aspirations, learning needs, skills, experiences and job preferences (with carers and support workers involvement)
- Support with practical job finding and job carving to ensure it suits your needs
- An induction in the workplace and ongoing training as well as out of work support if needed
- A development plan to record your goals
- Support with career development beyond the programme



For more information on where this is available locally go to **pages 36-43**.



Other Education Pathways and In-Year Provision

For those young people who are not ready to start a course in September or who find the course they have chosen is not right for them, other learning options may be available.

► York College

The college offers a variety of provision with start dates across the year. Entry requirements vary by the level of the course; please contact Alison Davis on 01904 770365 or email latestarts@yorkcollege.ac.uk (email contact is the preferred option).

September 2022 and October 2022

Level 3 Extended Project Qualification: This involves working towards an Extended Project Qualification, NOCN Employment, Training and Personal Development Qualification and developing academic skills supporting progression to university. (Requires a GCSE 4 or above in English language).

September 2022 and January 2023

Level 2 Vocational Studies (Princes Trust): This Level 2 programme is based around employment, training and personal development. The course is designed to help with key employability skill development, self-confidence, whilst also focusing on English and mathematics if you have not secured a 4 or above at GCSE. (3 days a week).

September 2022

Level 2 Vocational Studies (Princes Trust): This Level 2 programme is based around employment, training and personal development. The course is designed to help with key employability skill development, self-confidence, whilst also focusing on English and mathematics if you have not secured a 4 or above at GCSE. (3 days a week). This will be offsite at White Rose Football Club close to York College.



► Askham Byran College

For more information about the following courses or on taster day events, visit askham-bryan.ac.uk/courses/foundation-learning or contact the College on 01904 772277

Entry 2 and Entry 3 Skills for Working Life

Entry Level courses give a wide range of transferable skills giving a stepping stone to 3.5 Certificate in land based studies or a supported internship. The course is over three days per week with a mix of practical and theory sessions covering Horticulture, Farm Animals and Animal Care.

Level 1 Pathways

An alternative route into education if you have limited formal qualifications. The pathways are theory and practical based which develop skills for one of the key pathways: Horse Care, Agriculture, Horticulture and Animal Care which gives a stepping stone to further education on a level 2 programme of study. You should have practical experiences in either of the four pathways offered. There is a mandatory element of 60 hours of work related experience to be completed, a great opportunity to develop skills for future employment.

Stepping Stone and Level 2 Pathways

These courses are delivered in a specific animal care route or a generalised land based studies. This will broaden your vocational skills, develop your ability to study independently, explore career routes, boost confidence and much more before you move onto a higher level of study. There is a mandatory element of 75 – 150 hours dependant on the level of study programme, this must be in a course related work placement.

Prince's Trust TEAM Programme (12 weeks, 3 start dates a year)

Challenges you to develop self-confidence, interpersonal and employability skills. It includes a one-week residential and a two-week work placement and gives you the chance to contribute through community projects. Completers get support to find work, become self-employed or progress to further study.

Flexible Learning Programmes

This course runs from 8-12 weeks, 2 days a week, covering employability, health & safety, first aid, horticulture, animal care and horse care. Available around the Yorkshire region to anyone claiming work related benefits aged over 16."



► York Learning - Routes 2 Success

Routes 2 Success is a supportive full time study programme for young people aged 16-19, or up to 25 with an EHCP. It aims to build on young people's personal and academic skills, supporting the transition to further education, training or work. Young people can study English and mathematics from Entry Level Functional skills to GCSE alongside a City & Guilds qualification in Employability Skills and also undertake a work placement. The programme benefits young people who are not yet ready to access mainstream post 16 study and those who learn more effectively in a small group setting.

For more information contact sarah.robson@york.gov.uk (07534 042146) or alison.thorne@york.gov.uk (07796 818184)

York Learning also provide free courses for those aged 19+ without GCSE grade 4/C and above to gain Functional Skills of GCSE qualifications in English and maths.

► SEETEC Outsource - Military Preparation

Seetec's Academy for Military Preparation offers funded courses for individuals aged 16-24 who aspire to join the Army, Royal Navy or Royal Air Force.

With training and support from ex-forces personnel, and direct access to working military bases, the academy equips you with the valuable knowledge, skills and disciplines needed for the Armed Forces recruitment and selection process and prepares you for phase one training.

Based at York's Fulford Road Army Reserve Centre, the academy offers accredited provision at level 2 in Preparation for the Military, and you follow an exciting and varied curriculum. There is also additional support to help you prepare for the Armed Forces selection process.

For more information and to register your interest: seetecoutsource.co.uk/opportunity/academy-for-military-preparation.

Additional Learning Options for Students with an EHCP

► Personalised Learning and Work Experience Programmes

These programmes focus on work experience and include a tailored package of learning which prepares you for employment (or volunteering) and independent living, building towards living a full adult life in York.

This pathway would be appropriate for you if you want to continue your education when you leave school in a vocational setting or if your needs cannot currently be met by other programmes offered locally.

It combines three elements:

- a sustained period of work experience and voluntary opportunities doing something you are interested in. This will help you build your CV and strengthen your employability skills.
- education and training with the opportunity to gain further qualifications and employability skills.
- leisure activities with the opportunity to meet and socialise with other students.



► Supported Internships

Supported Internships are a work-based study programme for young people up to the age of 25 with an EHCP, who want to and are ready to move into employment but need extra support.

Supported Internships are usually based at the employer's premises with training and support. More information is available from:

[Supported Employment, Internships and Work \(yor-ok.org.uk\)](http://yor-ok.org.uk)



There are a range of specialist providers that may be able to help you with alternative packages of education. For more information **see page 36-43**.



Looking Ahead: Employment and the Job Market

People with the skills and qualifications that businesses need are generally better paid and have more job options. Continuing in education and training helps you to develop skills, gain qualifications and get ready for the world of work. This includes going straight into an apprenticeship or job with training between the ages of 16 and 18. An apprenticeship is a job with training, which leads to a recognised qualification and often a clear route to progress a career. Any employer should support and encourage access to training.

► The Local Picture

Influenced by the Covid-19 pandemic, the number and types of jobs available in York have changed over the past two years. You may know people who have changed role, the hours they work or their employer during this time.

A key change is that more people now work from home, rather than going to an office. However, many roles still rely and thrive on people delivering a personal service such as in health & social care, education, retail, logistics and hospitality. Many science, technology, engineering and mathematics (STEM) roles also require employees to use manufacturing, engineering and laboratory equipment at designated sites.

The jobs market in York remains competitive; as well as young people leaving school, college and university, more people are looking to change jobs or return to work. This means that personal qualities such as adaptability, a willingness to learn and resilience are more important than ever.

Whilst it's good to have a clear idea of next steps, you may have no firm career plans in Year 11. So, now's the time for you to think about developing the transferable and technical skills that employers need. With the fast pace of change in business and industry today, you will need to put yourself in the best position to meet the needs of employers now and in the future.

Employers, across all sectors, value basic literacy, numeracy and digital skills, along with transferable skills such as self-management. In terms of key skills that employers are looking for, they can be broken down into two categories: baseline and specialist.

Communication	Customer Service
Organisation	Teaching
Planning	Teamwork/collaboration
Attention to detail	Sales
Microsoft Excel	Budgeting
Research	Accounting
Creativity	Project Management
Problem solving	Supporting people with mental health conditions
Writing	Key Performance Indicators
Building effective relationships	Cleaning
Leadership	Staff management

So, when deciding to live and work in York, you'll need to know about:

Local employers

York has some big employers in the city but most are small to medium sized companies (SMEs) with fewer than 250 employees. Self-employment and starting your own business are also real possibilities, but it's important for you to understand the sector you wish to operate within and who your customers will be.

Job opportunities

Current predictions are that the biggest growth in job opportunities in York will be for those people whose qualifications are Level 3 or above, which is equivalent to A Levels, T Levels and applied general qualifications, diplomas or advanced apprenticeships. This means that those who continue to study or train beyond the age of 18 or 19 should be in a stronger position. This could be at a university or other higher education institution, through a higher/degree level apprenticeship, or by gaining professional qualifications while working.



Employment Sectors in York

York has a number of different employment sectors which include a wide range of different jobs and occupations. Whilst each sector has its own specialist occupations (see the table below), businesses in all sectors need people who work in finance, IT, marketing, legal and other areas.

Some examples of specialist occupations in key employment sectors:

Employment Sector	Examples of Jobs
Construction	Joiners and Surveyors
Early Years	Early Years Specialist Teacher
Health and Social Care	Care Workers and Counsellors
IT & Digital	Cyber Security Technicians and Software QA
Tourism, Hospitality and Retail	Head Chefs and Logistics Managers
Engineering (inc food manufacturing, rail and road transport)	Engineer, Food Production Operatives and Rail Signalling Engineers
Creative and Communications	Graphic Designers and UX Developers
Heritage	Digital Preservation/Archivists and Stone Masons
AgriTech, Bioeconomy and Life Sciences	Microbiologists, Research and Laboratory Technicians

It's important to be aware of the key employment sectors in York and consider the progression opportunities an entry-level role may offer. For instance, building a career within the hospitality sector could lead to a national or international management role.

How employment is made up in York:



Source: 2020 Business Register and Employment Survey

► Green jobs and green skills

You may have heard about ‘green jobs’ and ‘green skills’ but are uncertain what the difference is or how important they are for working in York.

A ‘green job’ is employment in an activity that contributes to our net zero emissions target and other environmental goals, such as nature restoration and mitigation against climate risks. Examples include renewable energy generation, woodland creation and flood defence.

Did you know?

In York, we have an ambition to be a net zero carbon city by 2030. We all have a part to play and this includes developing green skills.

‘Green skills’ are needed in a variety of roles and across different sectors. Increasingly employers in York are looking for people with skills such as innovation, adaptability and resilience to help them make their business activities more environmentally friendly.

Technical green skills are also being sought in areas such as construction and transport. For instance, plumbers and electricians will need to know how to fit environmentally friendly ‘air source heat pumps’ and car mechanics will be needed to fix electric as well as petrol cars.

At the same time, new technologies continue to change the world around us and it’s possible that the job you’ll be doing in 20 years’ time doesn’t yet exist! So, like today’s plumbers and car mechanics, you’ll need to be prepared to learn new skills along the way.

Volunteering

There are lots of opportunities across the city for you to try something new, develop your skills, enhance your CV, meet new people, have fun and give something back to your community. Your school will be able to advise on the opportunities available.

To find out more about how to get involved in volunteering, **see page 48.**

National Citizen Service

The National Citizen Service (NCS) is a programme open to all 16 and 17-year-olds in England (or between 18 and up to the age of 25 with a special educational need and/or disability). It helps you to build skills for work and life, while taking on new challenges and meeting new friends. NCS brings together young people from different backgrounds and helps develop greater confidence, self-awareness and responsibility. It encourages personal and social development by working on skills like leadership, teamwork and communication. You will have an opportunity to take part in outdoor activities such as mountaineering, canoeing and abseiling.

For more information go to wearencs.com.





You might also find the following information sources useful:

- The Shape your Future York & North Yorkshire booklet provides information about the key local employment sectors, qualifications and pathways, the importance of skills and making successful applications. There is also a guide for SEND students. All schools will have a small supply and there is electronic access at education.theopportunitycentre.com/resources
- futuregoals.co.uk is a website that provides inspiration and support to help people of all ages choose their career paths, give them the right skills and experience to start work or change career and provide vital links between education and employers. There is also a section that helps find out about interests, values and skills at futuregoals.co.uk/remote (under 'Create it!')
- Learn Live is an online platform delivering careers advice, recruitment opportunities and health awareness broadcasts into schools and colleges. Learn Live work with a wide variety of employers and have delivered over 350 live broadcasts to date. Young people can also watch on demand video contact with live interactive chat. To access learnliveuk.com
- For apprenticeships go to york.gov.uk/yorkapprenticeships or gov.uk/apply-apprenticeship to search and apply
- To search for general employment opportunities go to jobhelp.campaign.gov.uk

Looking Ahead: Higher Education

Thinking about Higher Education?

You can progress to higher education (HE) with a range of qualifications, including A Levels, BTECs, diplomas, T Levels and apprenticeships.

Local universities and colleges support a range of activities to promote access to HE. Generally, total earnings over a lifetime are higher for those with HE qualifications and there are many other positive experiences and benefits to be gained from studying at a university or college. If you know the type of job you would like to do after studying, look at job adverts and applications to see if they ask for particular qualifications.

It is also possible to apply for deferred entry onto HE courses, which allows you to secure your place on a course whilst you gain valuable work experience or travel.

Studying in York

York has two universities (the University of York and York St John University) and two colleges (Askham Bryan College and York College). All institutions offer a wide range of HE courses, both academic and work-based, including degree-level apprenticeships and foundation degrees. Further afield, there are around 400 providers across the country offering over 50,000 courses (see UCAS details on page 29 and 49), so there should be a course to meet any interest.

It is important to recognise that some courses ask for particular A Levels or other qualifications. Teachers and advisers at schools will be able to tell you which subjects may be useful when picking options for HE, alternatively visit ucas.com/explore or informedchoices.ac.uk. Information about entry requirements for courses is available through university and college prospectuses and websites.

Costs and financial support Universities and other HE providers in England can charge up to £9,250 per year (in 2022- 23). No fees are paid up front and fee and maintenance loans are available depending on your financial situation. Graduates do not start repaying the loan until they are earning at least £27,295 per year. The rate of repayment is 9% of their earnings over £27,295 and loans are written off after 30 years no matter how much is paid off.

In addition to applying for loans to cover tuition fees and living costs, there is a range of scholarships and bursaries available.

Disabled Students' Allowance (DSA)

This is available to support HE students with a range of difficulties and conditions. Allowances and support available through DSA are tailored to individual needs through a personal DSA Needs Assessment. Assessments can be carried out locally to where you live or plan to study. There are two DSA Assessment Centres in York - see page 29 for details.



Where to find out more

Universities and colleges in York offer a range of opportunities. To find out more about when open days are being held, please check on the following websites:

- York St John University: yorksja.ac.uk/study/undergraduate/meet-us/open-days
Places must be booked online
- University of York: york.ac.uk/study/undergraduate/visits/open-days
Places must be booked online
- Askham Bryan College: askham-bryan.ac.uk
- York College: yorkcollege.ac.uk

For Disabled Students' Allowances Assessment Centres, go to:

- Higher York Access Centre: yorksja.ac.uk/access-centre
- Aim Assessments: aimassessments.co.uk

For information on financial support, including a simple calculator, go to gov.uk/student-finance

For further information about making repayments visit gov.uk/repaying-your-student-loan

For general information and advice on university and degree apprenticeships:

- ucas.com (the official website to apply for Higher Education and to search for degree apprenticeships)
- discoveruni.gov.uk (advice and guidance on university)
- whatuni.com (advice and guidance on university)
- theuniguide.co.uk (information and advice on university; includes advice on GCSE and A Level choices and implications for higher education.)



Looking Ahead: Lifelong Learning

Whilst thinking about your next steps, don't forget that lifelong learning includes your parents/ carers. Lifelong learning can enhance our understanding of the world around us, provide us with more and better opportunities and improve our quality of life.

There are many reasons why it is good to come back to learning:

- Learn new skills and build knowledge whether it's for leisure or work
- Improve your employment options
- Improve your self-confidence
- Build skills towards a new career
- Meet new people and become part of a community
- Keep up with the kids' skills in maths, English and digital skills
- Because it's fun!

York Learning provides part-time and full-time courses at a variety of venues, dates and times across the York area and online. We have a wide range of courses designed for learners aged 19+ which cover skills relating to English, maths, digital skills, family learning, counselling, careers guidance and leisure courses relating to creative arts and crafts or to help improve fitness and wellness.

York Learning also offer a supportive study programme for learners aged 16-19 (or up to 25 with an EHCP) - **see page 20 for further details.**

For more information and to access the latest Learning 4 Everyone brochure go to:
york.gov.uk/AdultEducationCourses.



Providers in York: Sixth Form Schools and Colleges

► All Saints School

Mill Mount • York • YO24 1BJ

allsaints.york.sch.uk • 01904 545206

6fadmin@allsaints.york.sch.uk

A range of A Level and other Level 3 qualifications

Open evening 2022: Thu 10 November



► Archbishop Holgate's School

Hull Road • York • YO10 5ZA

archbishopholgates.org • 01904 411341

A range of courses including A Levels, BTECs, T Levels and Level 2 qualifications

Open evening 2022: Tue 8 November



► Askham Bryan College

Askham Bryan • York • YO23 3FR

askham-bryan.ac.uk • Phone: 01904 772277

Vocational study programmes and apprenticeships linked to outdoor careers and land-based industries

Open events 2022-23: Sat 12 Nov, Sat 28

Foundation events: Wed 19 Oct, Wed 14 Dec, Wed 8 Feb, Wed 29 Mar and Wed 28 Jun



► Fulford School

Fulfordgate • York • YO10 4FY

fulford.york.sch.uk • 01904 666406

sixthform@fulford.york.sch.uk

A range of A Levels and Level 3 qualifications

Open evening 2022: Wed 2 November



► Huntington School

Huntington Road • Huntington • York • YO32 9WT
huntingtonschool.co.uk • 01904 752100

A range of A Levels and other Level 3 qualifications

Open evening 2022: Mon 7 November



► Joseph Rowntree School

Haxby Road • New Earswick • York • YO32 4BZ
josephrowntree.co.uk • 01904 552157

A range of A Levels and a small number of vocational courses, including BTECs

Open evening 2022: Wed 9 November



► York College

Sim Balk Lane • York • YO23 2BB
yorkcollege.ac.uk • 01904 770397

A wide range of AS and A Levels, Vocational courses, T Levels, Apprenticeships, Courses for Adults, Degrees and Higher Level Study

Open events 2022-23: Mon 10 Oct, Thu 3 Nov, Sat 26 Nov, Tue 21 Feb and Thu 22 Jun.



See individual websites for more information and timings.

Year 11 Taster Days

On 10 and 12 January 2023, York school sixth forms and colleges will be offering taster days for year 11 students to trial a couple of post-16 options. In addition, on 12 January there will be an option for an apprenticeship taster day with various local employers. For more information, contact your school.

► Independent Schools

- Bootham School Bootham • York • YO30 7BU • 01904 623261
boothamschool.com
- St. Peter's School Clifton • York • YO30 6AB • 01904 527300
stpetersyork.org.uk
- The Mount School (girls only) Dalton Terrace • York • YO24 4DD • 01904 667500
mountschoolyork.co.uk

Providers in York: Apprenticeships and Traineeships



Listed below are examples of training providers that may be able to support you in your apprenticeship/traineeship:

Provider	Website
Askham Bryan College	askham-bryan.ac.uk/apprenticeships
B2W	b2wgroup.com
Babcock	babcockinternational.com
Babington	babington.co.uk
BePro	beprodevelopment.co.uk
Baltic	balticapprenticeships.com
Bishop Burton College	bishopburton.ac.uk/college/apprenticeships
CITB	citb.co.uk/courses-and-qualifications/citb-apprenticeships
CMS Vocational	cmsvoc.co.uk
Coders Guild	thecodersguild.org.uk
Craven College	craven-college.ac.uk/course-search/apprenticeships
Derwent Training Association	derwenttraining.co.uk
Ebor Academy	eboracademytrust.co.uk/apprenticeships
East Riding College	eastridingcollege.ac.uk/study-with-us/information-on-qualifications/apprenticeships
FAR Training	far-training.co.uk
GK Apprenticeships	gkapprenticeships.com
HIT Training	hittraining.co.uk
JTL	jtltraining.com
Learning Curve	learningcurvegroup.co.uk
Leeds City College	leedscitycollege.ac.uk/our-courses/apprenticeships
Leeds College of Building	lcb.ac.uk/find-a-course/apprenticeship-training
Lifetime Training	lifetimetraining.co.uk
QA	qa.com/apprenticeships/apprenticeship-jobs
Qube Learning	qube-learning.co.uk/category/apprenticeships
Realise Training	realisetraining.com
Remit	remit.co.uk
Selby College	selby.ac.uk/course-type/apprenticeships
The Skills Network	theskillsnetwork.com
University of York	york.ac.uk/business/apprenticeships
Wakefield College	wakefield.ac.uk/study-with-us/apprenticeships
York College	yorkcollege.ac.uk/apprenticeships
York Learning	yorklearning.org.uk/work-based-qualifications/apprenticeships
York St John University	yorksja.ac.uk/courses/#filter-results

To find out the latest apprenticeship vacancies go to: gov.uk/apply-apprenticeship

Specialist Providers and programmes offered

Specialists for Young People with an EHCP

Provider	Type of Programme			
	Further Education	Personalised Learning & Work Experience Programmes*	Supported Internships*	Supported Employment*
Action Towards Inclusion		✓		
Ad Astra		✓	✓	
Applefields	✓			
Archbishop Holgate's Sixth Form	✓			
Askham Bryan College	✓			
Blueberry Academy		✓	✓	✓
Choose 2 Youth		✓		
Project Choice			✓	
Pinc	✓	✓	✓	
Prospects			✓	
Routes 2 Success (York Learning)	✓			
Smart-Ways (Tang Hall SMART CIC)	✓	✓		
The Toolbox Project		✓		
United Response		✓	✓	✓
York College	✓			



*Please refer to **pages 17 and 21** for definition of the following types of programmes



Specialist Providers

Specialist Provider	Contact
<p>Action Towards Inclusion</p> <p>A programme of support for people aged 18+ that are most distant from work by offering flexible support to help overcome physical, psychological, financial and skills-related barriers and progress towards employment, training, education and job-search.</p> <p>There are a number of key partners involved in this programme. See website for details.</p>	<p>Website: tinyurl.com/ActionTowardsInclusion</p> <p>Email: info@betterconnect.org.uk</p> <p>Phone: 01423 795300</p>
<p>Ad Astra</p> <p>A learning environment tailored to suit your needs. Ad Astra welcomes learners with a wide range of additional needs including those who may struggle to manage their behaviour. Sessions are delivered by specialist tutors in mechanics, construction, trade skills, health and fitness and small animal care. A small and experienced team of teachers provide maths, English, ICT and PSHE education to ensure you learn crucial life skills including relationships, drugs and alcohol safety, social media safety, first aid and many more. A jobs-coach works closely with you to place in meaningful work experience roles across the city where you learn valuable employability skills. We work in partnership with a number of large employers across the region including York City FC, Natural England and Guardian Glass and offer a range of engagement, personal development and team building opportunities throughout the year. Activities include water-sports training, swimming, climbing, the gym, clay-pigeon shooting, cooking and art.</p>	<p>Website: adastrauk.co.uk</p> <p>Email: kate.frankish@adastrauk.co.uk</p> <p>Phone: 01904 449846</p>



Specialist Providers

Specialist Provider	Contact
<p>Applefields</p> <p>In the Moving on Zone there is provision to support you if you have moderate, severe and profound learning difficulties including complex autism. Provision aims to promote employment and life skills and independence, social development and communication and health and well-being.</p> <p>Minster Provision is a partnership between Applefields School and Askham Bryan College and aims to bridge the gap between school and adulthood, catering for young people where their after school placement requires high levels of specialist input to meet their needs. This provision is aimed primarily at young people aged 19-25 with complex needs (although younger groups may be considered).</p>	<p>Website: applefieldsschool.co.uk</p> <p>Email: info@applefieldsschool.co.uk</p> <p>Phone: 01904 553900</p>
<p>Archbishop Holgate's Sixth Form</p> <p>The Level 2 Next Steps programme lasts either one or two years. You will work towards BTEC Level 2 qualifications in Business, Marketing and Team Building. "You will also do a placement for one day a week throughout the year</p>	<p>Website: archbishopholgates.org</p> <p>Email: jkitney@ahs.pmat.academy</p> <p>Phone: 01904 411341</p>
<p>Askham Bryan College</p> <p>Entry level courses in practical countryside skills from entry level 1 to Entry 3.5. Each level takes one year to complete and you would cover topics such as horticulture and conservation, animal care and agricultural animals and poultry.</p> <p>There are other courses at Level 1, 2 and 3 including stepping stone courses at Level 2.</p> <p>Most courses are 3 days per week in college. There is support available to achieve a grade 4 in English and maths if you need it. Work experience is a key feature of courses at Level 2 and above.</p>	<p>Website: askham-bryan.ac.uk</p> <p>Email: enquiries@askham-bryan.ac.uk</p> <p>or</p> <p>Learning.support@askham-bryan.ac.uk</p> <p>Telephone: 01904 772277</p>



Specialist Providers

Specialist Provider	Contact
<p>Blueberry Academy</p> <p>Specialist support for you if you have learning differences, autism, social, emotional and mental health needs and/or other disabilities. Blueberry provides Personalised Learning Programmes in Preparation for Adulthood (PFA), supporting you to develop greater independence and employability. Programmes are usually for 2 years and include Functional Skills, Independent Living Skills, Employability Skills, Citizenship and Wellbeing and supported work experience. Programmes can also include sessions such as weekly visits to David Lloyd gym, bike maintenance, cycling, arts and crafts, woodwork, IT projects and participation in a wide range of activities in the local community.</p> <p>Blueberry has “in-house” supported work experiences in the Pop Up Shop, Crafts Workshop, Community Enterprise and Garden Care Team. Blueberry works in partnership with local employers to offer work placements in a range of sectors including retail, catering, hospitality, administration and IT. You are supported by a job coach to work as independently as possible.</p> <p>The Blueberry team aims to support you to plan for your future. You are encouraged to aspire to employment, maintain volunteering opportunities, be part of the local community and continue with a routine of healthy and positive social and leisure activities beyond education.</p> <p>Some students progress to a 3rd year Supported Internship. Supported Employment services are offered post education.</p>	<p>Website: blueberryacademy.co.uk</p> <p>Email: info@blueberryacademy.co.uk</p> <p>Phone: 01904638885</p>
<p>Choose 2 Youth</p> <p>A personalised learning programme that supports you to build on your skills and knowledge. The programme enables you to become as independent as possible, through personal and social development, to prepare for adult life and work options.</p>	<p>Website: choose2youth.co.uk</p> <p>Email: office@choose2youth.co.uk</p> <p>Phone: 07933 115448</p>



Specialist Providers

Specialist Provider	Contact
<p>Project Choice</p> <p>A one-year programme. Three 12 week placements take place during the year and you would spend up to 4 days in placement, with one day spent in the classroom completing employability skills, STEM sessions and functional skills maths & English. There is a possibility of a different placement each term.</p> <p>Some placements are in an NHS setting and some are in the community. You are allocated a workplace mentor along with the coordinator. You won't get paid but will develop useful work-related skills and be more ready to move into paid work at the end of the programme.</p>	<p>Website: hee.nhs.uk/our-work/project-choice-supported-internships</p> <p>Email: Melanie.slater@hee.nhs.uk</p> <p>Phone: 07766 257914</p>
<p>Pinc</p> <p>A specialist college for creative education (focusing on art, design and craft) supporting young people with additional/high needs with routes to wellbeing, attainment, sustained engagement and employment. The full-time programme can be over 1 or 2 years and includes access to level 2 and 3 qualifications and work experience. Our third year 'Pathways' programme focuses on internship placements and next steps.</p>	<p>Website: pinccollege.co.uk/post-16-prospectus</p> <p>Email: connect@pinccollege.co.uk</p> <p>Phone: 0161 6670910</p>
<p>Prospects (part of Shaw Trust)</p> <p>It is aimed at young people with an EHCP who need some extra support to progress into paid employment. The programme is for 5 days per week and lasts for a year. It is personalised for you with 3 bespoke placements with different employers. Support from a Job Coach is provided to help develop skills for the workplace and prepare for moving into paid employment. During the programme you study for an employability qualification alongside Functional Skills, if required. Other vocational qualifications can also be offered. Job Coaches continue to offer support to look for paid employment after the programme ends and ensure you are settled with your new employer.</p>	<p>Website: shawtrust.org.uk</p> <p>Email: Nicola.brown@prospects.co.uk</p> <p>Phone: 07584 270348</p>



Specialist Providers

Specialist Provider	Contact
<p>Routes 2 Success (York Learning)</p> <p>A supportive study programme that enables young people to move into adulthood with confidence and resilience, as well as to gain relevant skills and qualifications. The programme lasts for one year and is for a minimum of 3 days per week. You will also participate in a work placement or tasters which can be for one day a week or for shorter periods to meet your needs. Classroom study is in small groups with a variety of projects and offsite visits to engage and motivate you to succeed. Many young people have additional support requirements which can be met through our dedicated learner support team.</p>	<p>Website: yorklearning.org.uk/learning-for-everyone/routes-2-success</p> <p>Email: sarah.robson@york.gov.uk or alison.thorne@york.gov.uk</p> <p>Phone: 07534 042148 or 07796 818184</p>
<p>Smart-Ways (Tang Hall SMART CIC)</p> <p>Smart-Ways is for you if you enjoy music, art, drama, dance or sport. The core programme is accredited and will suit young people of any ability from level 1 up to a full level 3 diploma. Students usually attend 14 hours of sessions per week spread over three days, although there are also opportunities to extend the programme to four days per week by studying Independent Living Skills and Functional Skills maths and English. Once you have attained your qualification, there is an option to gain music or arts-industry employability skills and to benefit from a range of in-house and external work placements. There are two sites in York (The Burnholme Centre and The Jam Factory in The Groves).</p>	<p>Website: tanghallsmart.com</p> <p>Email: sue@tanghallsmart.com</p> <p>Phone: 07725 997342</p>
<p>The Toolbox Project</p> <p>A social enterprise designed to engage with you in the world of motor mechanics. Most young people attend for two days a week and do maths and English work at other times.</p>	<p>Website: facebook.com/TheToolBoxProject</p> <p>Email: info@thetoolboxproject.co.uk</p> <p>Phone: 01904 758157</p>






Specialist Providers

Specialist Provider	Contact
<p>United Response</p> <p>Offers a range of media training courses with built in flexibility to allow you to explore your own media interests. Courses also focus on employability, preparing for adulthood and developing independence. skills. Functional Skills maths and English are taken alongside. You can also join a two year programme to learn about employment skills. Year one involves working in Café West (City of York Council) and in the second year with another employer in the city that would be linked to an area of interest. There is also a programme designed to support adults with very little or no experience of work who want tailored support to access and stay in work.</p>	<p>Website: unitedresponse.org.uk/support-area/york-easingwold</p> <p>Email: Simon.copper@unitedresponse.org.uk or Michelle.gracias@unitedresponse.org.uk</p> <p>Phone: 07949 962560</p>



Specialist Providers

Specialist Provider	Contact
<p>York College (FE/HE college)</p> <p>York College aims to ensure that people with learning difficulties and/or disabilities are able to enrol on their chosen course, from Entry Level to Level 3, including A Levels and T Levels; as well as higher education courses (if meet entry criteria).</p> <p>Young people up to the age of 25 can study qualifications from Entry Level 2 to Level 1 and there is help for students who need a personalised approach to meet their individual needs. Pathways is a course that includes vocational units, such as preparing for work and a work placement. The independent living units will allow you to manage money, shop and undertake basic food preparation, as well as using public transport. The programme also helps you to develop personal, social and communication skills. All students study English and maths at a suitable level. The programme is taught in small groups, with high levels of support.</p> <p>The White Rose Building (Bishopthorpe) is off site provision based opposite the college. You will work towards a Level 2/3 NOCN qualification in employability and for those at Level 3, an Extended Project qualification as well. This creates a high degree of personalisation and private study, allowing for a fully differentiated approach. You will be involved in community projects and will retake GCSE English and maths if you haven't achieved a grade 4. To access Level 3 provision, you must have achieved a grade 4 or above in English and maths.</p> <p>The White Rose Building provision is staffed by teachers delivering the learning programmes and acting as key workers. There are opportunities to create gradual exposure to Post 16 settings during the year and to liaise with and support therapeutic interventions.</p>	<p>Website: yorkcollege.ac.uk</p> <p>Email: mhalliday@yorkcollege.ac.uk or gthomas@yorkcollege.ac.uk</p> <p>Phone: 01904 770428</p> 



Further Support



► York Career Ready Programme

This is a structured, employer led careers programme for sixth form students looking to stay local and enter the world of work upon completing sixth form. The aim is to increase their employability through a series of engagements with businesses and industry professionals, making a difference when it comes to finding employment, an apprenticeship or training.

The programme includes:

Masterclasses

Delivered by employer volunteers on topics such as networking, communication, creating a professional social media presence and interview techniques.

Mentoring

You would meet with your matched mentor for approx. 1 hour every month either at school or the workplace. Mentors help guide you through the programme whilst imparting their industry and/or personal experience of work.

Workplace Visits

A series of site visits throughout the year, giving an opportunity for the employer volunteers to showcase their business whilst giving you an insight into possible career paths.

Work Placement

This is the most transformative part of the programme. You would take part in a work placement over the summer or during half terms, allowing you to put your new skills into practice, work as a team – and learn the importance of turning up to work on time every day.

York Career Ready is facilitated in partnership between the Local Authority and the national charity Career Ready. It is funded through Career Ready and delivered with the support of a number of employers in the city. Examples include AVIVA, Hiscox, The Grand Hotel, Portakabin, Monk Bar Pharmacy, Little Green Rascals, Pinnacle Conservation, William Birch and Artus Digital Marketing.

For more information speak to your Head of Year 12 when you commence sixth form. In addition, there is more information available at careerready.org.uk.



Support on the web and on the phone



► General Help

gov.uk/browse/education/find-course

Information on education and training options, including apprenticeships

nationalcareersservice.direct.gov.uk

Careers information and advice

Phone: 0800 100 900

york.learning@york.gov.uk

A one-off careers advice appointment with a specialist advisor, to help you to identify your skills and learning options available. They will also assist you in developing an outstanding CV and a strong action plan, so you're ready to apply for the job you want.

careermap.co.uk

Up to date labour market information and career support on apprenticeships, courses and graduate programmes

successatschool.org

A national careers website for students aged 11-19, as well as their teachers, careers advisors, parents and other influencers

futuregoals.co.uk

Provides support (all ages) to help people choose their career paths, give them the right skills and experience to start work or change career and provide vital employer links

theopportunitycentre.com

Practical help, guidance and support about taking the steps towards learning and work

education.theopportunitycentre.com/resources

Up to date labour market information on local employment sectors

notgoingtouni.co.uk

Apply for national employment and training opportunities including apprenticeships

youthemployment.org.uk/category/careers-advice-for-parents

Advice for parents

careerpilot.org.uk

All the information and tools you need to explore your future career

talkingfutures.org.uk

A parent toolkit for career conversations

► Apprenticeship

gov.uk/apply-apprenticeship

To search and apply for apprenticeships

york.gov.uk/yorkapprenticeships

Information on York apprenticeships: how they work, how to apply and what opportunities are available

amazingapprenticeships.com/parents

Monthly Parents' pack on apprenticeships

apprenticeship-hub.co.uk

Information on apprenticeships across York, North Yorkshire and East Riding

► Traineeships

gov.uk/find-traineeships

Latest information on traineeships

► T Levels

tlevels.gov.uk

Information for students and employers on the new T Level programme

► Volunteering

wearencs.com

Phone: 0800 197 8010 National Citizen Service

doit.life/volunteering

Search for volunteering opportunities locally, nationally and internationally

vinspired.com

Volunteering information for 14–25s

► Employment Issues

gov.uk/browse/working

Wide range of advice on employment and rights relating to it

tinyurl.com/Under18Workers

Employment rights information for young workers, from the TUC



► Higher Education

ucas.com

Information about courses, institutions, tuition fees, application procedures and deadlines

gov.uk/student-finance

All aspects of student finance including an estimate calculator

officeforstudents.org.uk

Official website to help compare information on universities

theuniguide.co.uk

Information and advice on university; includes advice on GCSE and A Level choices and implications for higher education

parentadviser.co.uk

Advice for parents/carers about HE options

discoveruni.org.uk

Search and compare undergraduate courses in the UK



Useful Contacts for Young People with an EHCP

► Preparing for Adulthood Team

tinyurl.com/PreparingForAdulthoodTeam

The focus of this team is on working with young people and their families as they look towards their future. The Specialist Learning & Employment Advisers are part of the team, as are Social Workers from Adults and Children's Social Care, the YILTS (York Independent Living and Travel Skills) team, the SEN team and colleagues in Children's and Adult Health.

Young people want to live their best life in their city and that is the team's aspiration too. Increasing independence, having access to friends and the community, being able to work and enjoying good health, is a life that everyone should be able to live.

The team works with colleagues across the Local Authority as well as within health and the voluntary sector and in our local communities to achieve this.

► York Special Educational Needs Service

york.gov.uk/SEN

► SENDIASS

york.gov.uk/SENDIASS

Special Education Needs and Disability Information, Advice and Support Service SENDIASS provides information, advice and support to parents, carers, children and young people in relation to special educational needs and disability and related health and social care issues. The service is free and can be provided over the telephone, during home visits or through support at meetings.

► YorOK

yor-ok.uk/localoffer

The most senior partnership of everyone who works with children and young people in York, including schools and colleges. The website contains lots of useful information about the services you and your child can access. From YorOK you can link to the local offer website, which outlines services available locally in York.

► Sport and Active Leisure

york.gov.uk/InclusiveSports



► Leisure and Play

tinyurl.com/LeisureAndPlay

There are many leisure and community activities in York that young people can take part in. For example there are sports and outdoor clubs and sessions, art and creative groups, youth clubs including an Inclusive Duke of Edinburgh group

► Live Well York

livelyork.co.uk

As young people move towards adulthood, this website has information on local leisure and social activities.

► Local Area Coordinators

york.gov.uk/LocalAreaCoordinators

► Adult Social Care workers

Contact 01904 555111 to make a referral

► Choose2Youth

choose2youth.co.uk

A youth club for young people with additional needs from secondary school age to 25 years

► SENDO Team

SENdept@york.gov.uk

SEN designated officers - the team who update, approve and administer the EHCP

► Jobcentre

gov.uk/looking-for-work-if-disabled

Disability Employment Advisers can advise benefit claimants on job seeking, training, new skills and government schemes. They can also tell you about local disability-friendly employers

► Scope

scope.org.uk/employment-services/career-pathways

A free careers advice service for young people aged 15-25 in England and Wales who are disabled or have an impairment or condition.



Financial Support

16–19 Bursary Fund and apprenticeship bursary for care leavers up to the age of 25

Depending on your family circumstances and what you choose to do, there may be extra financial support to help you continue in full-time education and other training programmes. Young people who may need some financial support to help stay in publicly funded education or training after 16 through to the age of 19 can apply to their intended school sixth form, college or training provider for support from the 16–19 Bursary Fund:

- Those most in need could be eligible for a bursary of £1,200 a year. These include young people in care, care leavers, young people receiving income support (or Universal Credit in their own name) and disabled young people receiving both Employment Support Allowance (or Universal Credit in their own right) and Disability Living Allowance (or Personal Independence Payment).
- Care experienced young people up to the age of 25 will receive a £1,000 bursary payment if they choose to do an apprenticeship.
- Other students facing financial difficulties may also be able to apply for a bursary to help with costs of transport, equipment or other participation and/or course-related costs. Awards are made to individual students on a case-by-case basis according to assessed need and funding availability.

Your provider will decide how you get your bursary. You might be paid in full or in instalments, or more typically payments are made 'in kind' for travel passes, free meals and/or to pay for books. For more information visit gov.uk/1619-bursary-fund.

Care to Learn

If you are the main parent/carer for your child and under 20 years old at the time you start your course, Care to Learn provides financial support which can be used to help pay for childcare, place holding over summer and related travel costs while you remain in learning. Care to Learn is available for a variety of courses, full and part-time and is paid direct to the Ofsted registered childminder or nursery. Payments for your travel expenses are made to the education provider who will either reimburse you or make arrangements for your travel. More details on this scheme will be available from the intended school sixth form, college or training provider. For more information visit gov.uk/care-to-learn.

Child Benefit and Child Tax Credits

If you continue in education, your parents/carers should be able to continue claiming Child Benefit and any Child Tax Credits that they are entitled to until you turn 20. If you leave education but return before your 19th birthday, they can start claiming again until you turn 20. If you are already 19, you need to have either started the course or been enrolled or accepted on it by your 19th birthday. For more information visit gov.uk/child-benefit and gov.uk/child-tax-credit.

Help with transport

There are various schemes to help with the cost of your transport to college or sixth form, provided certain conditions are met.

If your family is on a low income and you live over three miles from the institution, you may be entitled to a free bus pass. You may also apply for assistance as an independent student without regard to parent/carers' income according to set criteria. Students with any special needs that require assistance with transport will be assessed on an individual basis. For full information visit york.gov.uk/TransportToSchoolOrCollege. Individual institutions may also be able to provide help with transport. See their websites and literature for further information.

Help with transport if you have an EHCP

If you have an EHCP you may be entitled to further support with travel such as a place in a taxi or a Personal Travel Budget. You will need to visit the york.gov.uk/SchoolTransport link for details of how to apply and you will need to apply for each year you remain in education.

York Independent Living and Travel Skills (YILTS) offers travel training and assess your travel skills if you are aged 11-25 years old and currently access City of York Council funded transport. You may be asked to undergo a practical assessment to determine your longer term need for transport support.

YILTS supports you to understand timetables, plan routes, become familiar with being out and about, and understand what to do if something unexpected happens.

YILTS also receive referrals from a range of professionals, parents and young people. Training is provided at a time that is right for you and YILTS staff attend EHCP meetings in school to help agree travel plans, e.g. as you move on from school or college.

For more information, visit yor-ok.org.uk/families/Local%20Offer/sendlocaloffer



Free meals

The free meals entitlement covers school sixth forms, colleges and some other post-16 provision. To be eligible, a young person needs to have an EHCP, or meet criteria relating to receipt of benefits. Please speak to your school, college or training provider for further details.



Other support and help

There are different sources of support available. Go to yor-ok.org.uk/young-people for more information. Please also **see pages 46-51** of this guide.

Acronyms

Acronyms

BTEC	Business and Technology Education Council
CV	Curriculum Vitae
DSA	Disabled Students' Allowance
EHCP	Education, Health and Care Plan
FE	Further Education
GCSE	General Certificate of Secondary Education
HE	Higher Education
HNC/HND	Higher National Certificate/Diploma
IoT	Institute of Technology
IT	Information Technology
KPI	Key Performance Indicator
NCS	National Citizen Service
NVQ	National Vocational Qualification
NEET	Not in Education, Employment or Training
SEN	Special Educational Needs
SEND	Special Educational Needs and Disabilities
SI	Supported Internship
SME	Small and medium-sized enterprises
STEM	Science, Technology, Engineering and Mathematics
UCAS	Universities and Colleges Admissions Service
YILTS	York Independent Living and Travel Skills





About this booklet

This booklet was written by City of York Council's Skills Team.

We value your feedback. If you would like to share your thoughts about this publication, please email skills@york.gov.uk.

If you would like any additional information or would like to review this information in an accessible format, for example an electronic copy, in large print, Braille, or on CD, please contact Beverley Wills, Skills Adviser.

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